



MON-FRI 7AM-3PM // SAT-SUN 8AM-3PM
 7357 E 29TH AVE // 303.329.8888
 ETAISCAFE.COM // ONLINE ORDERING

COFFEE / PASTRIES / SMOOTHIES

BREAKFAST SIDES (Add to any meal)

ADD \$3.50: Home fries / Fresh Fruit / Toast / Avocado / Pancake

ADD \$2.50: Bacon / Sausage / Chorizo

ARTISAN TOASTS- NEW

CHEESY SOFT SCRAMBLE* [8.50] veg - NEW

Challah bread, soft scrambled eggs with cheddar cheese & chives

LOX & CREAM CHEESE [12.95] - NEW

Sourdough bread with herbed whipped cream cheese, lox, pickled cucumbers, capers, hard boiled egg, red onion & chives

ALMOND BUTTER & HONEY [7.50] veg - NEW

Country bread topped with almond butter, honey & sea salt

AVOCADO TOAST [8.95] vegan - NEW

Country bread, avocado, sunflower seeds, sprouts, pickled chilis, lemon & olive oil

KIDS MENU

For kids under 10 years old

Udi's Gluten Free bread (2.45) and corn tortilla (gf) available

BREAKFAST

MON-FRI UNTIL 11AM

Comes with side: bacon, sausage or fruit

KIDS FRENCH TOAST [7.49] veg

CHOCOLATE CHIP PANCAKES [7.49] veg

KIDS PANCAKES [7.49] veg

KIDS EGGS* [6.49] veg

LUNCH

MON-FRI STARTING AT 11AM

GRILLED CHEESE [6.49] veg

BURGER SLIDER [7.49]

Choose a side: fruit or fries

Add cheddar [1]

CRISPY CHICKEN TENDERS [7.49]

Choose a side: fruit or fries

BREAKFAST MON-FRI UNTIL 11 AM

BURRITOS & SANDWICHES

Corn tortilla available (gf)

Add [1.75] for croissants. Available on Udi's Gluten Free bread [2.45]

ETAI'S BURRITO [8.95]

Eggs, potatoes, cheddar & green chile

JUAN'S SMOTHERED BURRITO [10.95]

Eggs, potatoes, and cheddar smothered with green chile, cheddar, lettuce, pico de gallo and sour cream.

CROISSANT BACON, EGG & CHEESE [8.50]

Egg, cheddar, aioli, bacon on croissant

SOUTHWEST [9.25]

Egg, bacon, cheddar, tomato, avocado, chipotle aioli on jalapeno bread

THE QUEBEC [8.50]

Applewood smoked ham, Swiss, egg, spinach and chipotle aioli on sourdough bread

ETAI'S [8.50]

Egg, cheddar, aioli and choice of sausage or avocado on brioche

BOWLS & PLATES

THE JUSTIN BREAKFAST BOWL* [13.95] - NEW

Brown rice, roasted squash, kale, scallions, parmesan cheese, bacon, lemon parmesan, breadcrumbs with a sunny side up egg

ISRAELI BREAKFAST PLATE [11.95] veg - NEW

Hummus with tahina, Israeli salad, hard boiled egg, feta cheese, kalamata olives & pita bread

PALEO BOWL* [11.95] gf/paleo

Over medium eggs, sweet plantains, chorizo, green chile, pico de gallo & avocado

EGGS & OMELETS

Comes with toast / Available with Udi's Gluten Free bread [2.45]

EGGS ANY STYLE* [9.50] veg

MUSHROOM SPINACH OMELETTE [11.95] veg

with swiss cheese and onion

CALIFORNIA OMELETTE [11.95] VEG

Eggs, cheddar, tomatoes, onions & avocado

DENVER OMELETTE [11.95]

Eggs, ham, cheddar, onion, and red peppers.

SWEET & HEALTHY

BLUE ISLAND BOWL [11.50] veg/gf

Blue majic smoothie topped with granola, roasted coconut, strawberries, banana & greek yogurt

FRENCH TOAST [11.95] veg

Made with challah. Comes with fresh berries & maple syrup

GRANOLA & YOGURT [7.95] veg - NEW

Greek yogurt, granola, honey, mixed berries

AÇAÍ BOWL [11] veg/gf

Açaí juice, mango and pineapple topped with peanut butter, fresh bananas & strawberries, granola, bee pollen & greek yogurt

PANCAKES [7.95/10.95] veg

Short Stack / Large Stack

SANDWICHES

Comes with choice of side // Available on Udi's Gluten Free bread [2.45]

COUNTRY GARDEN SANDWICH [13.50] vegan - **NEW**

Country bread, tahini sauce, avocado, tomatoes, pickled cucumber, roasted red peppers, shaved fennel, shaved carrot, arugula, sprouts, red wine vinaigrette

TUNA MELT [14.50] - **NEW**

Buttered sourdough bread, tuna fish salad, Swiss cheese, roasted red peppers, tomato, arugula

TURKEY & ARUGULA [14.50] - **NEW**

Country bread, turkey, house made pickles, Swiss cheese, aioli, arugula, lemon, olive oil

CHICKEN CEASAR SANDWICH [13.95] - **NEW**

Brioche bun, grilled chicken breast, Caesar dressing, tomato, romaine lettuce, red onion

CHICKEN BASIL [13.95]

Chicken breast, bacon, gouda, roasted peppers, basil and aioli on brioche bun

ETAI'S FAMOUS FRENCH DIP [14.50]

Shaved beef rib-eye, gouda cheese, caramelized onions and aioli with beef au jus on ciabatta

CHIPOTLE CHEDDAR TURKEY [13.95]

Turkey, bacon, avocado, tomato, lettuce, cheddar, red onion, chipotle aioli on jalapeno bread

BURGERS

Comes with choice of side

Available on Gluten Free bun [2.45]

THE CLASSIC BURGER* [12.95]

lettuce-tomato-pickle-onion

THE JOKER* [13.95]

Mushroom-bacon-gouda cheese, mixed greens

THE U.F.C BURGER* [13.95]

Chipotle aioli-cheddar-pickled jalapeno-carmelized onion burger

PITA SANDWICHES

Comes in our Israeli artisan pita and with choice of side

CHICKEN SCHNITZEL [13.95]

breaded and fried crispy chicken, romaine lettuce, tomatoes, capers and lemon parmesan dressing

GYRO [13.95]

Lamb and beef gyro, feta cheese, romaine, tomato, cucumber, onion, fresh herbs, garlic yogurt sauce

CHICKEN SHAWARMA [13.95]

21 spice roasted chicken, romaine lettuce, tomato, cucumber, onion, pickles, fresh herbs, garlic yogurt sauce // Add feta cheese [2]

FALAFEL [12.50] vegan

House made falafel, house hummus, romaine lettuce, tomato, cucumber, onion, pickles, fresh herbs, tahini sauce

CHOICE OF SIDES

ADD \$3.50 FOR:

POTATO SALAD gf/veg

FRIES gf/veg

MIXED GREENS gf/vegan

CUP OF SOUP gf or veg

KETTLE CHIPS gf/vegan

SEASONAL FRUIT gf/vegan

DAILY SOUP

made daily in our kitchen

gf/veg CUP [4.95] // BOWL [7.95]

SALADS

All salads served tossed with dressing and comes with bread Change artisan bread to Udi's Gluten Free bread [2.45]

GREEK SALAD [12.95] - **NEW**

Romaine, radicchio, cherry tomatoes, cucumber, red onion, kalamata olives, feta, marinated chickpeas, breadcrumbs, oregano vinaigrette

ARUGULA, QUINOA & AVOCADO [12.95] vegan - **NEW**

Arugula, frisee, radicchio, quinoa, avocado, marinated chickpeas, cucumber, dried apricots, sliced almonds, orange balsamic

ASIAN NOODLE SALAD [14.50] - **NEW**

Napa cabbage, romaine, crispy wontons, crispy rice noodles, Asian pear, scallions, chicken schnitzel, almonds, sesame ginger dressing

SOUTHWEST CHICKEN SALAD [13.95]

Grilled chicken Breast, Cheddar cheese, Black beans, Jalapeños, fresh Avocado, roasted corn, crispy tortilla strips, Romane Lettuce with chipotle ranch

CLASSIC COBB SALAD [14.50]

Romaine lettuce, chicken, bacon, avocado, cucumber, tomato, scallions, egg and blue cheese with ranch dressing

BOWLS

BUFFALO CHICKEN BOWL [13.50]

Grilled chicken, brown rice, roasted brussel sprouts, butternut squash, celery, blue cheese, ranch and buffalo sauce

THE JUSTIN BOWL [14.50]

Roasted chicken, bacon, brown rice, steamed kale, steamed butternut squash, scallions, black pepper, gouda cheese, garlic bread-crumbs, lemon parmesan dressing

ISRAELI BITES

ISRAELI PLATE [11.95] gf/vegan - **NEW**

Hummus with tahina, Israeli salad, hard boiled egg, feta cheese, kalamata olives & pita bread

HUMMUS & FALAFEL [9.95] with Israeli pita / vegan

6 FALAFELS [6.45] with Tahini Sauce /gf/vegan

HUMMUS [7.45] with Israeli pita / vegan