



BRUNCH SAT-SUN 8AM-3 PM ALL DAY MENU

MON-FRI 7AM-3PM // SAT-SUN 8AM-3PM
7357 E 29TH AVE // 303.329.8888
ETAISCAFE.COM // ONLINE ORDERING

COFFEE / PASTRIES / SMOOTHIES

BREAKFAST SIDES (Add to any meal)

ADD \$3.50: Home fries / Fresh Fruit / Toast / Avocado / Pancake

ADD \$2.50: Bacon / Sausage / Chorizo

TAMALES

GREEN TAMALES BOWL [10.45] veg

2 green tamales, house made vegetarian green chili, fried egg, cheddar cheese, guacamole, pico

RED TAMALES BOWL [10.95]

2 pork red chili tamales, fried egg, cheddar cheese, green chili, pico, romain

1 RED TAMALES [2.5] | 1 GREEN TAMALES [2.25] | HALF DOZEN TAMALES [12]

ARTISAN TOASTS - NEW

CHEESY SOFT SCRAMBLE* [8.50] veg - NEW

Challah bread, soft scrambled eggs with cheddar cheese & chives

LOX & CREAM CHEESE [12.95] - NEW

Sourdough bread with herbed whipped cream cheese, lox, pickled cucumbers, capers, hard boiled egg, red onion & chives

ALMOND BUTTER & HONEY [7.50] veg - NEW

Country bread topped with almond butter, honey & sea salt

AVOCADO TOAST [8.95] vegan - NEW

Country bread, avocado, sunflower seeds, sprouts, pickled chilis, lemon & olive oil

BURRITOS & SANDWICHES

Corn tortilla available (gf)

Add [1.75] for croissants. Available on Udi's Gluten Free bread [2.45]

ETAI'S BURRITO [8.95]

Eggs, potatoes, cheddar & green chile

JUAN'S SMOTHERED BURRITO [10.95]

Eggs, potatoes, and cheddar smothered with green chile, cheddar, lettuce, pico de gallo and sour cream.

CROISSANT BACON, EGG & CHEESE [8.50]

Egg, cheddar, aioli, bacon on croissant

SOUTHWEST [9.25]

Egg, bacon, cheddar, tomato, avocado, chipotle aioli on jalapeno bread

THE QUEBEC [8.50]

Applewood smoked ham, Swiss, egg, spinach and chipotle aioli on sourdough bread

ETAI'S [8.50]

Egg, cheddar, aioli and choice of sausage or avocado on brioche

BOWLS & PLATES

THE JUSTIN BREAKFAST BOWL* [13.95] - NEW

Brown rice, roasted squash, kale, scallions, parmesan cheese, bacon, lemon parmesan, breadcrumbs with a sunny side up egg

ISRAELI BREAKFAST PLATE [11.95] veg - NEW

Hummus with tahina, Israeli salad, hard boiled egg, feta cheese, kalamata olives & pita bread

PALEO BOWL* [11.95] gf/paleo

Over medium eggs, sweet plantains, chorizo, green chile, pico de gallo & avocado

EGGS & OMELETS

Comes with toast / Available with Udi's Gluten Free bread [2.45]

HUEVOS RANCHEROS* [12.95] veg

2 fried eggs*, refried beans, avocado, pico de gallo and roasted tomato salsa on 2 crispy tortilla shells.

EGGS ANY STYLE* [9.50] veg

MUSHROOM SPINACH OMELETTE [11.95] veg

with swiss cheese and onion

CALIFORNIA OMELETTE [11.95] VEG

Eggs, cheddar, tomatoes, onions & avocado

DENVER OMELETTE [11.95]

Eggs, ham, cheddar, onion, and red peppers.

SWEET & HEALTHY

BLUE ISLAND BOWL [11.50] veg/gf

Blue majic smoothie topped with granola, roasted coconut, strawberries, banana & greek yogurt

FRENCH TOAST [11.95] veg

Made with challah. Comes with fresh berries & maple syrup

GRANOLA & YOGURT [7.95] veg - NEW

Greek yogurt, granola, honey, mixed berries

AÇAÍ BOWL [11] veg/gf

Açaí juice, mango and pineapple topped with peanut butter, fresh bananas & strawberries, granola, bee pollen & greek yogurt

PANCAKES [7.95/10.95] veg

Short Stack / Large Stack

SANDWICHES

Comes with choice of side // Available on Udi's Gluten Free bread [2.45]

COUNTRY GARDEN SANDWICH [13.50] vegan - **NEW**

Country bread, tahini sauce, avocado, tomatoes, pickled cucumber, roasted red peppers, shaved fennel, shaved carrot, arugula, sprouts, red wine vinaigrette

TURKEY & ARUGULA [14.50] - **NEW**

Country bread, turkey, house made pickles, Swiss cheese, aioli, arugula, lemon, olive oil

CHICKEN BASIL [13.95]

Chicken breast, bacon, gouda, roasted peppers, basil and aioli on brioche bun

ETAI'S FAMOUS FRENCH DIP [14.50]

Shaved beef rib-eye, gouda cheese, caramelized onions and aioli with beef au jus on ciabatta

PITA SANDWICHES

Comes in our Israeli artisan pita and with choice of side

CHICKEN SCHNITZEL [13.95]

breaded and fried crispy chicken, romaine lettuce, tomatoes, capers and lemon parmesan dressing

GYRO [13.95]

Lamb and beef gyro, feta cheese, romaine, tomato, cucumber, onion, fresh herbs, garlic yogurt sauce

CHICKEN SHAWARMA [13.95]

21 spice roasted chicken, romaine lettuce, tomato, cucumber, onion, pickles, fresh herbs, garlic yogurt sauce // Add feta cheese [2]

FALAFEL [12.50] vegan

House made falafel, house hummus, romaine lettuce, tomato, cucumber, onion, pickles, fresh herbs, tahini sauce

KIDS MENU

For kids under 10 years old
Udi's Gluten Free bread (2.25)
and corn tortilla (gf) available
Comes with side: bacon, sausage or fruit

KIDS FRENCH TOAST [6.95] veg

CHOCOLATE CHIP PANCAKES [6.95] veg

KIDS PANCAKES [6.95] veg

KIDS EGGS* [5.95] veg

BURGER SLIDER* [6.95]

Choose a side: fruit or fries / Add cheddar [1]

GRILLED CHEESE [5.95] veg

CRISPY CHICKEN TENDERS [6.95]

Choose a side: fruit or fries

FRIES

SMALL/4.95 LARGE/6.95

FRENCH FRIES gf/vegan
tossed with sea salt

PARMESAN FRIES gf/veg - **NEW**
tossed with parmesan, sea salt
chopped, parsley

SWEET POTATO FRIES
tossed with sea salt

CHOICE OF SIDES

ADD \$3.50 FOR:

POTATO SALAD gf/veg

FRIES gf/veg

MIXED GREENS gf/vegan

CUP OF SOUP gf or veg

KETTLE CHIPS gf/vegan

SEASONAL FRUIT gf/vegan

DAILY SOUP

made daily in our kitchen
gf/veg CUP [4.95] // BOWL [7.95]

SALADS

All salads served tossed with dressing and comes with bread
Change artisan bread to Udi's Gluten Free bread [2.45]

GREEK SALAD [12.95] - **NEW**

Romaine, radicchio, cherry tomatoes, cucumber, red onion, feta, kalamata olives, marinated chickpeas, oregano vinaigrette

ARUGULA, QUINOA & AVOCADO [12.95] vegan - **NEW**

Arugula, frisee, radicchio, quinoa, avocado, marinated chickpeas, cucumber, dried apricots, sliced almonds, orange balsamic

ASIAN NOODLE SALAD [14.50] - **NEW**

Napa cabbage, romaine, crispy wontons, crispy rice noodles, Asian pear, scallions, chicken schnitzel, sesame ginger dressing

CLASSIC COBB SALAD [14.50]

Romaine lettuce, chicken, bacon, avocado, cucumber, tomato, scallions, egg and blue cheese with ranch dressing

BOWLS

BUFFALO CHICKEN BOWL [13.50]

Grilled chicken, brown rice, roasted brussel sprouts, butternut squash, celery, blue cheese, ranch and buffalo sauce

THE JUSTIN BOWL [14.50]

Roasted chicken, bacon, brown rice, steamed kale, steamed butternut squash, scallions, black pepper, gouda cheese, garlic bread-crumbs, lemon parmesan dressing

JUICE SMOOTHIE

ORANGE JUICE [7.45]

IN THE GREEN [6.95]
kale, cucumber, apple

THE DETOX [6.95]
Carrot, apple, beets, ginger

LIQUID SUNSHINE [7.95]
Kale, apples, orange juice

BETA [5.95]
Carrots, apple, ginger

BLUE MAJIC SMOOTHIE [8.25]

Blue-green spirulina, pineapple, mango, banana, dates and coconut milk

HARVEST SMOOTHIE [7.25]

Kale, pineapple, banana, dates, flax seeds, coconut milk

BLUE MONDAY SMOOTHIE [7.45] - 160Z

Blueberries, strawberries, bananas, orange juice and protein powder.

MANGOLICIUS SMOOTHIE [7.45] - 160Z

Mango, strawberry, kale, orange juice, mint chia seeds

ACAI ENERGY SMOOTHIE [7.95] - 120Z

Acai juice, orange juice, green super food, almond butter, raspberries with yerba mate